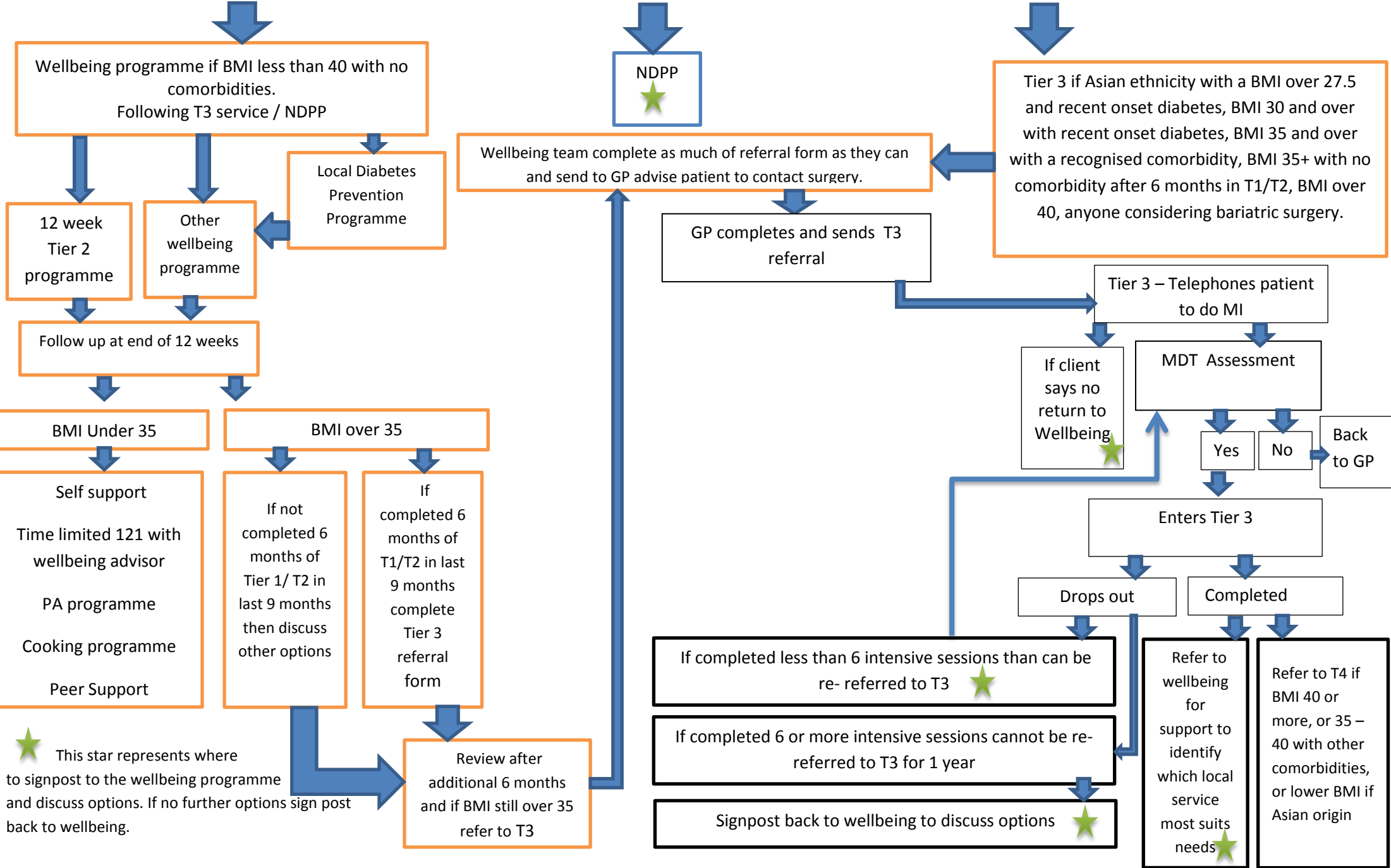


West Sussex Healthy Weight Pathway- October 2017 Coastal West Sussex

Wellbeing programme triage to service based on BMI, comorbidities*, eligibility for NDPP, previous attempts at weight loss for six months plus motivation. *Co morbidities Type 2 diabetes, hypertension, chronic heart disease, sleep apnoea, hyperlipidaemia and taking a statin, TIA/Stroke/AF, Chronic Kidney Disease (Grade 3 and 4) needing to lose weight prior to hip / knee joint replacement.



★ This star represents where to signpost to the wellbeing programme and discuss options. If no further options sign post back to wellbeing.