An overview of current services for people affected by dementia in Mid Sussex

Tim Wilkins and Dawn Fairbrother – Alzheimer’s Society
• **Memory Assessment Service – West Sussex**

Will help to investigate and diagnose memory and other associated problems as early as possible in order to access any treatment, advice and support people may need.

Sussex Partnership NHS Foundation Trust and Alzheimer’s Society have been jointly commissioned by West Sussex PCT to deliver this service across West Sussex.

Dedicated to detecting the first signs of dementia.

If people are worried about their memory, or that of a friend or a family member, they or you should ask their GP to arrange for an expert memory check-up. All GP’s in West Sussex are able to refer into MAS.
How the Memory Assessment Service works

MAS team includes: Consultant Psychiatrists and Neurologists; Speciality Doctors; Community Nurses; Occupational Therapists; Psychologists and Alzheimer’s Society Dementia Advisors and Dementia Support Workers offering tailored information to people living with dementia and their carers.

On-going advice and emotional support following diagnosis to both PLWD and their carer, dementia information sessions and signposting to services. Name and a person to identify as someone there to support and help . . .

Memory Clinics at Linwood in Haywards Heath, Glen Vue in East Grinstead and Park View in Burgess Hill
Alzheimer’s Society Services in Mid Sussex

Alzheimer’s Society **Dementia Advisors** and **Dementia Support Workers** offering tailored information to people living with dementia and their carers across the district

**MONTHLY CARERS SUPPORT GROUPS:**

**Burgess Hill** – King’s Centre in Victoria Road

**East Grinstead** – Jubilee Community Centre, Charlwoods Road

**Haywards Heath** – Action for Deafness in Sussex Road

**Haywards Heath Evening** – Age UK’s Redwood Centre
• Alzheimer’s Society Services in Mid Sussex

CARERS INFORMATION AND SUPPORT PROGRAMME:
CrISP – Hurstpierpoint in October and Haywards Heath in January 2016

OTHER SERVICES:
De Café in Hassocks at the Age UK’s Pauline Thaw Centre
Can do at K2 in Crawley – for people with dementia; physically active
Mid Sussex Dementia Friendly Group – for people with dementia
Centre Club at Worthing for people with dementia who have a diagnosis before 65 years of age.
Advocacy Service for people who have dementia
• **More Services in Mid Sussex**

  Dementia Wellbeing Worker – Carers Support West Sussex
  Admiral Nurses
  Haywards Heath Elderberry Club at Age UK, Redwood Centre
  Villa Adastra Day Centre at Hassocks – Salvation Army
  Neil’s Club at Haywards Heath – Crossroads
  East Grinstead Saturday Respite at Glen Vue – Age UK
  Day Support at Shaw Care Forest View at Burgess Hill and at East Grinstead’s Glen Vue – access via WSCC Adult Services
  Age UK centres in Burgess Hill, Haywards Heath and East Grinstead
  Neighbourly Care team in Burgess Hill – Befriending
  West Sussex Library Service
West Sussex Library Service

Fred with a Memory Management Card
• **Mid Sussex Dementia Friendly Group**

The group is made up of members who live well with dementia and a willingness to discuss dementia openly.

Members must have a wonderful sense of humour; raise awareness of dementia and inform people what it is really like to live with dementia.

Mid Sussex Dementia Friendly Group member meet regularly to discuss local and national topics.

**They continue to meet up with students at both Wardon Park School and Ardingly College to discuss how you can live well with dementia.**

They ensure people living with dementia play a key role in shaping Mid Sussex, as it works to become a dementia friendly district.
You live and learn
Raising awareness in schools

Making community links
Brand recognition and pills
Power of dance and music
Questions about dementia?
We are here to help . . .

For information about all services in Mid Sussex, or if you are worried about someone who is confused and forgetful, affected by dementia or concerned about your own memory call Alzheimer’s Society Sussex Helpline 01403 213017